

辦學團體 Sponsoring Body

保良精神 The Kuk's Spirit

我們以「愛、敬、勤、誠」為屬校校訓,為學生提供充實知識、訓練技能及鍛鍊體格的機會,亦著重培養學生優良的品格,高雅的情操及正確的人生觀,以達致「德、智、體、群、美」五育之均衡發展。

"Love, Respect, Diligence and Integrity", motto of Kuk's affiliated schools, places great emphasis on educating the young, nurturing the morality and helping them to achieve "Cognitive, Aesthetic, Social, Physical and Moral development". Our students are therefore encouraged to engage in community service which could foster their values towards their nationality, as well as adopting an open attitude towards different issues.

保良局屬校校董會是沒有政治、宗教背景的辦學團體,在不影響教學秩序及不抵觸法律的大前提下,各種思想、見解、宗教都可在校內共同存在。我們鼓勵學生參與社會服務,培養對國家民族的感情和責任,對事物採取客觀開放的態度。

The Kuk is a non-political and non-religious sponsoring body, of which different thoughts, ideas and religions co-exist under the condition that the law shall not be violated and the teaching order shall not be disrupted.

學校簡介 About Our School

本校於1997年創立,坐落於大嶼山東涌新市鎮,為一所政府津貼全日制男女文法中學。

Our school is a co-educational aided secondary school established in Tung Chung in 1997.

辦學宗旨 School Mission

本校秉承保良局的優良辦學傳統,「德、智、體、群、美」五育並重:以引導、啟發為經,激發學生學習興趣及潛能;以身教、言教為緯,與家長共同努力去孕育勤奮樂觀、身心健康、情操高尚及終身學習的未來社會棟樑。

Our school strives to uphold Po Leung Kuk's noble tradition of educating young people by fostering their "Cognitive, Aesthetic, Social, Physical and Moral development". We cultivate students' interests and develop their potential through guidance and inspiration. We lead by example and work closely with parents in order to nurture students to become optimistic, hardworking and respectable people who will make meaningful contributions to society in future.



Mutual Respect (Charitable Charitable Charitable Charitable Respect (Charitable Respect Response Recognition Recognition Recognition Dedication to Serving the Community

願景及使命 Vision and Mission

我們期望將學校發展成一所與時並進的學習型機構,為學生提供優質學習機會,令他們持續地追求卓越,成為廿一世紀的良好公民。

To become a learning organisation that provides quality educational opportunities for students to become well-equipped 21st century citizens who continuously pursue excellence.

學生層面:自信自愛,敏於學習;全人發展,勇於承擔。 教師層面:傳道授業,嚴而有愛;專業社群,與時並進。 學校層面:以人為本,多元共融;機構學習,追求卓越。

Our students and teachers strive for excellence and living out the values of a learning organisation.

主要關注事項 Major concerns

促進自主學習 Promoting self-directed learning (SDL) 深化明確及正面的身份 Consolidating a clear and positive identity

教師資歷 Teaching staff

核准編制教師職位數目

Number of teaching posts in the approved establishment: 53

全校教師總人數

Total number of teachers in the school: 55

教師學歷 Teachers' Qualifications

教育文憑 Teaching Certificate: 93%

學士學位 Bachelor Degree: 100%

碩士或以上學位 Master Degree or above: 47%

教學經驗 Teachers' Experience

0-4年0-4 years: 24%

5-9年5-9 years: 9%

10年或以上 10 years or above: 67%

課程特色 Curriculum

開設學科及教學語言 Subjects offered and Medium of Instruction

	S.1-3	以中文教授 Chinese as the medium of instruction	中文, 中國歷史, 普通話, 公民、經濟與社會, 設計與科技, 視覺藝術, 音樂, 體育, STEAM Chinese Language, Chinese History, Putonghua, Citizenship, Economics and Society, Design and Technology, Visual Arts, Music, Physical Education, STEAM
		以英文教授 English as the medium of instruction	英文, 數學, 科學, 電腦, 地理 English Language, Mathematics, Science, Computer Literacy, Geography
	S.4-6	以中文教授 Chinese as the medium of instruction	中文, 公民與社會發展科, 中國歷史, 視覺藝術, 旅遊與款待, 健康管理與社會關懷 (S4), 體育 Chinese Language, Citizenship and Social Development, Chinese History, Visual Arts, Tourism and Hospitality Studies, Health Management and Social Care (S4), Physical Education
		以英文教授 English as the medium of instruction	英文, 數學, 物理, 化學, 生物, 地理, 經濟, 企業、會計及財務概論, 資訊及通訊科技 English Language, Mathematics, Physics, Chemistry, Biology, Geography, Economics, Business, Accounting and Financial Studies, Information and Communication Technology

初高中課程銜接 Bridging to Senior Secondary

初中課程加入多項高中課程元素,讓初中學生於升高中選科時對各學科有較全面認識,作出正確選擇。

To enhance junior secondary students' understanding of the elective subjects in senior forms, some elements in senior form are introduced in the junior secondary curriculum.

公民、經濟與社會科,為高中公民與社會發展科打好基礎。

To prepare students for studying Citizenship and Social Development, Citizenship, Economics and Society is offered.

中國歷史科課程加入歷史與文化元素,讓學生認識中國歷史文化的同時,亦培養山全球視野。

To widen students' vision of the world, world history and cultural elements are incorporated into the Chinese History curriculum.

地理科,為修讀高中地理課程打好基礎。

To prepare students for studying Geography, Geography is also offered in junior forms.

中三級科學科分拆為「物理」、「化學」及「生物」三科,讓學生更準掌握各科學領域的內容。

S3 Science is divided into three subjects; Physics, Chemistry and Biology to provide students a more holistic view of science.



初中(中一及中二級)樂器課程 Junior (S.1 and S.2) Musical Instrument Courses

所有學生須修習一種樂器,以達至「一生一藝術」的目標。學生可選擇參加 校內開設的樂器班或在校外自行進修,學校音樂科考試將考核學生所學的樂 器水平。經濟有困難學生,可申請學費減免,另備有少量樂器供學生借用。

We strive to develop students' interest in music, and learning to play musical instrument has become the core part in junior form music curriculum. Students can attend musical instrument courses offered by school or other courses offered outside; students' progress would be examined in music examinations. Financial assistance is available for qualified applicants.



課程特色 Curriculum

英語學習環境

Creating an atmosphere to English learning

為讓學生增加接觸和使用英語的機會,英文科於各級舉辦課堂延伸活動。 另外,培訓有潛質學生成為英語大使,以英語主持早會及典禮。

Extended learning activities are provided to enrich students' English learning experience. English ambassadors are trained to hold morning assemblies and be the emcees of school ceremonies.







全方位學習 Learning outside classroom

透過不同主題的體驗活動及比賽,實踐課堂中學習的知識並提昇學習興趣。

Learning motivation is promoted through applying the knowledge that students have learned in various thematic activities and competitions.



全人發展 Whole-Person Development

訓導及輔導 Guidance and Discipline

推行訓輔合一,啟導學生建立一個融洽有序的學校生活和文化。重視學生的個人成長,透過不同的計劃、活動,與家長合作,協助學生融入校園生活,建立正確的價值觀。

A whole-school approach is implemented to guide students and create a harmonious and orderly learning atmosphere. All staff work together to foster a school culture that promotes self-discipline and personal growth. The active involvement of parents in different schemes and activities is encouraged as we strive to help students to adapt to school life and adopt proper values.

國民及生命教育 National & Life Education

透過有系統的課程規劃,培養學生成為心懷家國、承傳文明的終身學習者。成長課使用專業課程「共創成長路」的教材及電影片段,透過校園電視台及學科等推動價值教育,以校本模式規劃全校德育課程。「星期三德育時段」全校師生互動,認識國家文化,進行價值討論。

Through a school-based curriculum, we aim to nurture our students to become committed life-long learners with passion for family, country and culture. To promote moral values and a positive attitude, the professionally-developed course 'P.A.T.H.S. to Adulthood: A Jockey Club Youth Enhancement Scheme' is adopted by junior forms. The moral education curriculum has been designed in a school-based fashion and implemented through the platform of Campus TV and collaborative efforts of subjects. School-based materials and activities with the use of movies have been developed for senior forms. Moral Education Session every Wednesday morning is conducted in an interactive holistic approach for appreciating Chinese culture and discussion of moral values.



全人發展 Whole-Person Development

生涯規劃 Life-Planning

按學生在不同年級的發展需要,透過講座、工作坊、參觀大學及職場,以及個別輔導,為學生提供適切的生涯規劃教育,讓他們能按個人興趣、能力及志向,並配合社會的發展和需要,為未來升學及就業作出明智的選擇。

We endeavour to adopt a whole-person approach while inspiring our students to pursue life-long learning. Various talks, workshops, university and workplace visits, as well as individual counselling sessions are organised in order to accommodate the evolving needs of the students as they progress through their studies.

聯課活動 Co-curricular Activities

舉辦多元化課外活動,以發掘學生的多元潛能,各展所長。積極鼓勵學生成為四社及學會幹事,參與活動籌劃及訓練領導能力。以四社凝聚不同年級學生,讓四社文化得以薪火相傳。學校每年舉辦領袖訓練營,以提升學生自信及組織能力。

Co-curricular activities are provided in the following areas: academics, sports, music, art, social services and special interests. Students are encouraged to set up and lead groups to jointly explore their interests and pursue their passions. A sense of belonging is nurtured through the tradition of splitting the whole school into four Houses. Finally, leadership training camps are organised to teach students various soft skills, such as the ability to work both independently and collaboratively.









Exchange Tours

















交流團





更多學生活動 More Student Activities















































全方位學習日 OLE Day

















學生主要獎項及成就 Major Awards and Achievements

香港教育大學人工智能及創新科技比賽

The Education University of Hong Kong Artificial Intelligence and Innovation Technology Competition

全港中學英文辯論比賽

Hong Kong Secondary Schools Debating Competition

中國銀行(香港), 保良局及DJI EDUCATION 無人機科技競賽2022

Bank of China, Po Leung Kuk and DJI Education Drone Technology Competition 2022

香港美術教育協會「國際及本地郵寄藝術展」比賽

Hong Kong Society For Education In Art International and Local Mail Art Competition

金紫荊藝術研究院 金紫荊盃青少年書法大賽

Golden Bauhinia Art Institute Golden Bauhinia Bowl Award Panmanship Competition

第75屆香港學校音樂節

75th Hong Kong Schools Music Festival

中國香港閃避球總會 2023全港中小學學界(複球式)閃避球錦標賽

Dodgeball Association of Hong Kong China 2023 Hong Kong Inter-School (Multi-Ball Style) Dodgeball Championship

康文署&中國香港空手道總會 2022年全港空手道青少年大賽

Leisure and Cultural Services Department & The Karatedo Federation of Hong Kong

中國香港學界體育聯會

The Schools Sports Federation of Hong Kong, China

荃灣及離島區中學校際羽毛球比賽

Tsuen Wan & Islands Secondary Schools Area Committee Inter-School Badminton Competiton

荃灣及離島區中學校際手球比賽

Tsuen Wan & Islands Secondary Schools Area Committee Inter-School Handball Competition

荃灣及離島區中學校際排球比賽

Tsuen Wan & Islands Secondary Schools Area Committee Inter-School Volleyball Competition

荃灣及離島區中學校際游泳比賽

Tsuen Wan & Islands Secondary Schools Area Committee Inter-School Swimming Championships

冠軍

Champion

男子甲組個人四式

Boys' A Grade - 200m Medley

男子乙組v100米背泳

Boys' B Grade - 100m Backstroke

男子乙組200米蛙泳

Boys' B Grade - 200m Breastroke

男子乙組4x50米四式接力

Boys' B Grade - 4x50m Medley Relay

男子乙組50米背泳

Boys' B Grade - 50m Backstroke

男子丙組200米自由泳

Boys' C Grade - 200m Freestyle

女子乙組200米蛙泳

Girls' B Grade - 200m Backstroke 女子乙組4x50米自由接力

Girls' B Grade - 4x50m Freestyle Relay

女子丙組50米自由泳

Girls' C Grade - 50m Freestyle

女子丙組50米蛙泳

Girls' C Grade - 50m Breastroke

女子丙組50米蝶泳

Girls' C Grade - 50m Butterfly

最佳功能及介面設計獎

Outstanding Functions and Interface Design Award

總決賽冠軍及最佳辯論員

Champion - Grand Finals & The best debater

冠軍

Champion

香港區第五組別(15至18歲)一等獎 Hong Kong Group 5 (Age 15-18) 1st Prize

二等將

Third-Class Award

結他獨奏 - 中級組第二名

Second Place in Guitar Solo - Intermediate

初中組亞軍

1st Runner-up of Junior Form

初級組季軍 (女子12至13歲組別) 2nd Runner-up of Girls Junior (Age 12-13)

女子甲組團體冠軍 Overall Champion of Girls' A Grade

女子U15亞軍 1st Runner-up of Girls'U15

女子U15季軍 2nd Runner-up of Girls'U15

荃灣及離島區中學校際田徑比賽 Tsuen Wan & Islands Secondary Schools Area Committee Inter-School Athletic Championships

冠軍

Champion

男子乙組跳高

Boys' B Grade - High Jump

男子丙組標槍

Boys' C Grade - Javelin

男子丙組跳高

Boys' C Grade - High Jump





獎學金 Scholoarships

保良局王月仙助學金

Po Leung Kuk Wong Yat Sin Scholarship

保良局黎麗卿進步獎學金

Po Leung Kuk Lai Li Hing Best Improved Scholarship 城市獅子會獎學金

Hong Kong City Lions Club Scholarship

保良局屬校中學文憑考試(DSE)優異成績頒獎典禮

Scholarships Presentation Ceremony of Po Leung Kuk Schools for Outstanding Achievements in Hong Kong Diploma of Secondary Education (HKDSE) Programme

保良局伍何永貞紀念教育基金

Po Leung Kuk Wu Ho Wing Ching Memorial Education Fund 保良局何玉清兒童及教育基金

Po Leung Kuk Ho Yuk Ching Children & Education Fund 保良局吳辛靜珊紀念獎助學金

Po Leung Kuk Ng Sun Chink Sarn Memorial Scholarship 保良局獎學金

Po Leung Kuk Scholarship





家校合作 Parent-School Cooperation

感謝一羣熱心家長及教師委員,家長教師會每年均為會員舉辦不同類型的活動,致力建立緊密的家校合作關係。親子一日遊、主題教育講座及工作坊、各類家長興趣小組等,均深受家長歡迎。透過家校合作,發揮章中互助互愛精神,為同學營造理想的學習環境。

Thanks to the efforts and commitment of our parent and teacher committee members, the PTA has successfully established strong cooperation between parents and teachers. There are a wide variety of activities like one-day tours, educational talks, workshops, and interest groups specially designed for serving our mission: to develop every child's potential to a fuller extent by engaging and empowering families and teacher communities.





學校資訊 School Information

校監 Supervisor : 梁安琪女士, BBS

Ms. Angela O K LEONG, BBS

校長 Principal : 柯玉琼女士 (教育學士、文學碩士、教育碩士)

Ms. Joanna Y K OR (B.Ed., M.A., M.Ed.)

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學校網頁 School Website



Instagram





